



## ADULT RIDE N' RELAX EQUIPMENT LIST

PCWC is unable to provide helmets and therefore encourages those who wish to wear a helmet to provide their own. We like campers to have a way of keeping water off their heads, helmets have holes in the top allowing the water to run down your back. Try and find a felt hat or something water resistant.

What follows is a suggested list of personal gear to bring to camp. For a good camping experience you need to be warm and dry on rainy days, and cool and comfortable on hot, sunny days. In particular, a good hat is essential, as are boots with a heel used when riding. (Rubber boots work fine as they keep your feet dry in wet weather and when the dew is heavy in the morning and evening.)

**NOTE: Tents are provided**

**ALL food is provided**

**Horses and Tack are provided**

\*If you have a personal saddle you may bring it along – but it may get scratched and wet.\*

- Warm sleeping bag (maybe an extra blanket too)
- Foamy mattress (inflatable mattresses are not recommended)
- Boots with a heel
- Running shoes (one or two pair)
- Durable, waterproof rain gear/rain suit
- Warm sweater
- Pajamas
- Toque
- Jacket
- 2-3 sets of outer and under wear (denim jeans for riding)
- Swim suit (one piece suit for women)
- Hat
- Gloves
- Canteen (that could be attached to a saddle)
- Mosquito repellent (small container)
- Sun block lotion (small container)
- Lip gloss
- Two towels/face cloth
- Pen and pad, and a Bible
- Toothbrush, paste, soap, etc. (tiny containers)
- Large duffle bag (hockey bag)
- A couple of garbage bags (for water proofing)
- Folding/lawn chair
- Travel mug for hot beverages

### OPTIONAL ITEMS

Pocket knife

Camera

Flash light/headlamp

Binoculars

Saddle bags

Chaps (can you borrow a pair?)

**NOTE:** Please don't bring electronic items like Ipods/MP3 players or cell phones - we find they tend to get damaged on our trips. Also, we provide plenty of snacks and treats each day - please don't bring junk food or candy/gum. And, because of the nature of our camps, pack your clothing and equipment in a duffle bag rather than a suitcase. **FYI:**

**Smoking is forbidden at camp!**